

October Menu 2019

BREAKFAST LUNCH SNACK

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 Milk , Mandarin Oranges & Cheerios (WG) Latch: Milk Apple, Cheerios</p> <p>Cheese Quesadillas on Tortilla Shell, Lettuce, Apple Slices & Milk</p> <p>100% Natural Cherry Juice & Pretzels</p>	<p>2 Milk, Applesauce & Whole Wheat English Muffins(WG) Latch: Milk Oranges, Life</p> <p>Chicken Patties on a roll, Green beans, Orange Slices & Milk</p> <p>100% Apple Juice, Triscuts(WG)</p>	<p>3 Milk, Banana & Rice Chex(WG) Latch: Milk Banana, Rice Chex</p> <p>Turkey Chili w/Beans, Rice & Corn & Milk</p> <p>100% Natural Fruit Punch & Goldfish</p>	<p>4 Milk, Pears, Kix (WG) Latch: Milk OJ, Kix</p> <p>Egg Frittata w/ Ham& Cheese, & Shredded Potatoes, Toast, Peaches, Pepper Slices & Milk</p> <p>Milk & Animal Crackers</p>
<p>7 Milk, Peaches & Kix(WG)</p> <p>Turkey, Wheat Bread, Fresh Carrots, Fruit Cocktail & Milk</p> <p>100% Natural Cherry Juice, Pretzels</p>	<p>8 Milk, Applesauce & Whole Wheat Toast (WG)</p> <p>Turkey Tacos, Tortilla Shells, Lettuce, Tomatoes, Sour Cream, Corn & Milk</p> <p>100% Natural Fruit Punch & Cheese Nips</p>	<p>9 Milk, Pears & Corn Chex (WG) Latch: Milk OJ, Corn Chex</p> <p>Ground Beef Meatloaf, Peas , Mashed Potatoes, Biscuit & Milk</p> <p>Milk, Oyster Crackers & Jelly</p>	<p>10 Milk, Bananas & Cheerios(WG) Latch: Milk Banana, Cheerios</p> <p>Chicken, Rice, Green Beans, Orange Slices & Milk</p> <p>100% Apple Juice, Triscuts(WG)</p>	<p>11 Milk, Mandarin Oranges, & Rice Chex (WG) Latch: Milk OJ, Rice Chex</p> <p>Homemade French toast on White Bread, Tater Tots, Apple Slices & Milk</p> <p>Milk & Teddy Grahams Graham</p>
<p>14 Milk, Pears, Corn Chex(WG) Latch: Milk OJ, Corn Chex</p> <p>Tuna, White bread, Fresh Carrots, Cucumbers & Milk</p> <p>Milk & Animal Crackers</p>	<p>15 Milk, Applesauce, Whole Wheat English Muffins(WG) Latch: Milk Apple, Life(WG)</p> <p>Spaghetti, With Chicken Meatballs, Apples, Corn & Milk</p> <p>Water, Cheese Slices & Triscuits(WG)</p>	<p>16 Milk, Mandarin Oranges& Kix(WG) Latch: Milk OJ, Kix</p> <p>Chicken Pot Pie W/ Mixed Veggies, Salad, Biscuits & Milk</p> <p>Milk & Graham Crackers</p>	<p>17 Milk, Banana, Rice Chex (WG) Latch: Milk Banana, Rice Chex</p> <p>Ground Turkey w/gravy, Rice, Peas, Orange Slices & Milk</p> <p>100% Natural White Grape & Goldfish</p>	<p>18 Milk, Fruit Cocktail & Cheerios(WG) Latch: Milk OJ, Cheerios</p> <p>Scrambled Eggs, Hash Browns, Peaches, Whole Wheat Toast & Milk</p> <p>100% Natural Cherry Juice & Pretzels</p>
<p>21 Milk, Pears & Kix(WG) Latch: Milk, OJ, Kix</p> <p>Bologna, Whole Wheat Bread, Fresh Carrots, Celery & Milk</p> <p>Milk, Oyster Crackers & Jelly</p>	<p>22 Milk, Mandarin Oranges & Corn Chex Latch: Milk, Apple, Corn Chex</p> <p>Hamburgers/ Hot Dogs, Bread, Apple Slices, Sweet Potato Fries & Milk</p> <p>100% Natural Fruit Punch & Cheese Nips</p>	<p>23 Milk, Fruit Cocktail & Mini WW Bagels(WG) Latch: Milk, Oranges, Kix(WG)</p> <p>Beef-a-Roni, Salad, Carrots & Milk</p> <p>100% Natural White Grape Juice, Pretzels</p>	<p>24 Milk, Banana & Cheerios (WG) Latch: Milk, Banana, Cheerios</p> <p>Ground Turkey Sloppy Joe on Roll, Apple Slices, Corn & Milk</p> <p>100% Apple Juice, Triscuts(WG)</p>	<p>25 Milk, Peaches & Rice Chex(WG) Latch: Milk, OJ, Rice Chex</p> <p>Waffles, Sausage, Apple Sauce, Pepper & Milk</p> <p>Milk & Teddy Grahams Graham</p>
<p>28 Milk, Peaches& Kix(WG) Latch: Milk, OJ, Kix</p> <p>Ham Sandwich on Whole Wheat Bread, Cucumbers, Fresh Carrots & Milk</p> <p>Milk & Animal Crackers</p>	<p>29 Milk, Applesauce & Rice Chex(WG) Latch: Milk, Apple, Rice Chex</p> <p>Homemade Macaroni & Cheese ,Carrots, Orange Slices & Milk</p> <p>100% Natural Cherry Juice & Goldfish</p>	<p>30 Milk, Mandrin Oranges, Cheerios(WG) Latch: Milk Oranges, Cheerios</p> <p>Sheppard Pie w/ Ground Beef , Mashed Potatoes, Corn, Green Beans, Biscuits & Milk</p> <p>100% Natural Fruit Punch & Pretzels</p>	<p>31 Milk, Banana & Life(WG) Latch: Milk, Banana, Life</p> <p>Chicken, Tortilla Shells ,Apples, Salad & Milk</p> <p>100% Natural White Grape & Graham Crackers</p>	<p>1 Milk, Pears, Corn Chex Latch: Milk OJ, Corn Chex</p> <p>Scrambled eggs, WW Toast, Fruit Cocktail, potato patty & Milk</p> <p>Water, Cheese Slices, Saltines</p>

*****Milk Served 1% and Whole Milk*****